



Physical Restraint and Seclusion

POLICY:

“Physical restraint” means the restriction of a student’s movement by one or more persons holding the student or applying physical pressure upon the student. “Physical restraint” does not include touching or holding a student without the use of force for the purpose of directing the student or assisting the student in completing a task or activity. The definition of “physical restraint” does not include the use of mechanical, chemical or prone restraint of a student as these methods are prohibited by Oregon law.

“Seclusion” means the involuntary confinement of a student alone in a room from which the student is physically prevented from leaving. Seclusion does not include the removal of a student for a short time to provide the student with an opportunity to regain self-control, in a setting from which the student is not physically prevented from leaving.

“Serious bodily injury” means any significant impairment of the physical condition of a person, as determined by qualified medical personnel, whether self-inflicted or inflicted by someone else.

“Mechanical restraint” means a device used to restrict the movement of a student or the movement or normal function of a portion of the body of the student.

“Mechanical restraint” does not include:

- a. A protective or stabilizing device ordered by a licensed physician; or
- b. A vehicle safety restraint when used as intended during the transport of a student in a moving vehicle.

“Chemical restraint” means a drug or medication that is used on a student to control behavior or restrict freedom of movement that has not been prescribed by a licensed health professional or other qualified health care professional acting under the professional’s scope of practice.

“Prone restraint” means a restraint in which a student is held face down on the floor.

Physical restraint and/or seclusion is only permitted as part of a behavior support plan when other less restrictive interventions would not be effective and the student’s behavior poses a threat of imminent, serious, physical harm to the student or others.

Except in the case of an emergency, only staff current in the required training in accordance with the district-designated physical restraint and seclusion training program will implement physical restraint or seclusion with a student. In an emergency, physical restraint and/or seclusion may also be used by a school administrator, teacher, other school employee or volunteer as necessary when the student’s behavior imposes a reasonable threat of imminent, serious bodily injury to the student or to others.

The use of physical restraint and/or seclusion is permitted only for as long as the student’s behavior poses a threat of imminent, serious physical harm to themselves or to others. Any student being restrained or secluded within the district whether in an emergency or as part of a plan shall be constantly monitored

by staff for the duration of the intervention. Any room used for seclusion of a student must meet the standards as outlined in OAR 581-021-0568.

The McMinnville School District has selected the MANDT training program of physical restraints and seclusion for use in the district. As required by State regulation, this program includes behavior support, prevention, de-escalation, and crisis response techniques.

An annual review of the use of physical restraint and seclusion during the preceding school year, including a review of all district cases involving restraint and /or seclusion, shall be completed and submitted to the Superintendent of Public Instruction to ensure compliance with district policies and procedures. The results of the annual review shall be documented and shall include at a minimum:

- a) The total number of incidents of physical restraint;
- b) The total number of incidents of seclusion;
- c) The total number of seclusions in a locked room;
- d) The total number of students placed in a physical restraint;
- e) The total number of students placed in seclusion;
- f) The total number of incidents that resulted in injuries or death to students or personnel as a result of the use of physical restraint or seclusion;
- g) The total number of students placed in a restraint and/or seclusion more than 10 times in a school year and an explanation of what steps have been taken by the district to decrease the use of physical restraint and seclusion for each student;
- h) The total number of restraint and seclusion incidents carried out by untrained individuals;
- i) The demographic characteristics of all students upon whom physical restraint and/or seclusion was imposed;
- j) The total number of rooms available for use by the district for seclusion of a student and a description of the dimensions and design of the rooms.

This report shall be made available to the School Board and to the public at the school district's main office and on the district website.

At least once each school year the public shall be notified as to how to access the report.

The district shall investigate all complaints regarding the use of restraint and seclusion practices as per district policy KL and KL-AR- Public Complaints.

Adoption Date: September 10, 2007,

Revised: June 11, 2012, January 13, 2014, November 10, 2014

Legal Reference(s):

- ORS 161.205
- ORS 339.250
- ORS 339.288**
- ORS 339.291**

- OAR-581-021-0061
- OAR 581-021-0062
- OAR 581-021-0550
- OAR 581-021-0553
- OAR 581-021-0563
- OAR 581-021-0566
- OAR 581-021-0568
- OAR 581-021-0569
- OAR 581-021-0570